

## PROGRAM SCHEDULE

### DAY ONE – 20<sup>TH</sup> JULY 2010: OEPENING CEREMONY AND GENERAL MEETING

<b>DAY TWO – 21<sup>ST</sup> JULY 2010</b>		
8:30-9:00 am	<b>ARRIVAL OF PARTICIPANTS AND REGISTRATION</b>	
9:00-9:45 am	<b>PLENARY SESSION I</b>	
9:00-9:30am	<b>TOPIC:</b> Bioethics and the Role of Physiotherapy <b>SPEAKER:</b> Dr. Esther Nkandu <b>CHAIRPERSON:</b> Professor Sunday R. Akinbo <b>RAPPORTEUR:</b> Mr. Olumide A. Dada <b>ROOM:</b> Examination Room 1	
9:30 am-9:45am	QUESTIONS/INTERACTION	
9:50-10:35am	<b>PLENARY SESSION II</b>	
9:50-10:20am	<b>TOPIC:</b> Transdisciplinary Teamwork in Rehabilitation: Clarion call on health care Professionals in Africa <b>SPEAKER:</b> Professor Andrew J. Haig <b>CHAIRPERSON:</b> Dr. Aderonke O. Akinpelu <b>RAPPORTEUR:</b> Ms Anna Hughton <b>ROOM:</b> Examination Room 1	
10:20-10:35am	QUESTIONS/INTERACTION	
10:40-11:10 am	<b>SNACK BREAK I/EXHIBITION/POSTER PRESENTATION</b>	
11:10am-12:40pm	<b>SCIENTIFIC SESSION I</b>	
<b>CATEGORY</b>	OCCUPATIONAL HEALTH	PHYSIOTHERAPY: EDUCATION&PRACTICE
<b>VENUE</b>	EXAMINATION ROOM 1	EXAMINATION ROOM 2
	<b>Chairperson:</b> <b>Rapporteur:</b>	<b>Chairperson:</b> <b>Rapporteur:</b>
	Work- Related Musculoskeletal Disorders amongst Dentists in Nigeria  Ventilatory Function in Workers Exposed To Sawdust In Sawmill Industry.  Work related Musculoskeletal Injuries of the Hands	Current HIV Experiences of Clinicians and Academic Staff to Inform Physiotherapy Curriculum on HIV Input  First Contact Physiotherapy Practice: Opinions and Beliefs of Physiotherapists Working In Nigeria  Attitude of Patients towards Clinical Physiotherapy Students in Selected

	<p>Prevalence and Pattern of Work Related Musculoskeletal Disorders among Health Workers in Ibadan Nigeria</p> <p>Prevalence of Low Back Pain among Female Typists in the University of Ibadan, Nigeria.</p>	<p>Physiotherapy Departments in Accra</p> <p>Specialty Preferences and Determining Factors among Nigeria Physiotherapists: A Preliminary Report</p> <p>Evaluation of the Preceptor Model of Clinical Training for Physiotherapy Students at the University Of Sharjah</p> <p>Long term developmental process of Physical Therapy in Benin-Summary of perspectives.</p>
12:45pm - 1:45 pm	<b>LUNCH</b>	
1:45pm - 3:15pm	<b>SCIENTIFIC SESSION II</b>	
<b>CATEGORY</b>	<b>OCCUPATIONAL HEALTH</b>	<b>DISABILITY STUDIES</b>
<b>VENUE</b>	EXAMINATION ROOM 1	EXAMINATION ROOM 2
	<b>Chairperson: Rapporteur:</b>	<b>Chairperson: Rapporteur:</b>
	<p>Pulmonary Function of Textile Workers in Lagos Nigeria</p> <p>Prevalence of Musculoskeletal Disorders Among Motorcyclists in Ibadan North East Local Government Area of Oyo State, Nigeria.</p> <p>Ergonomic intervention: its effect on work related posture and musculoskeletal discomfort in hospital compound laborers.</p> <p>Work - Related Musculoskeletal Disorders among health workers in a Nigerian Teaching Hospital</p> <p>Prevalence of Low Back Pain among Grain Sellers from Selected Markets in Ibadan Nigeria.</p>	<p>The Impact of Major Lower Limb Amputation During Reintegration into the Community Three Months Postoperatively</p> <p>Quality of Life in People with Lower Limb Amputation in the Johannesburg Metropolitan Area, South Africa</p> <p>Measuring the Impact of Disability on People Living with Spinal Cord Injuries</p> <p>Burden of Mobility Disability: Experience of Some Ghanaians Ambulating Using Wheelchair</p> <p>Assessing Tetraplegic Patients' Neuro-Muscular Adaptations to a Six Week Physiotherapeutic Programme</p> <p>Reliability of Lower Extremity Functional Ability Scale among African Adults with HIV on AntiRetroviral Therapy(ART)</p>
3:15pm-3:45pm	<b>SNACK BREAK II/EXHIBITION/POSTER PRESENTATION</b>	
3:45pm - 4:30pm	<b>PLENARY SESSION III</b>	
3:45pm - 4:15pm	<p><b>TOPIC:</b>               <b>The Burden of Occupational Related Musculoskeletal Deviations: A Challenge for the Physical Therapists in the Developing Nations.</b></p> <p><b>SPEAKER:</b>           <b>Dr. Rufus Adesoji Adedoyin</b></p> <p><b>CHAIRPERSON:</b>      <b>Rev. Adeolu Jaiyesimi</b></p> <p><b>RAPPORTEUR:</b>       <b>Mr. Fidelis Terhemem Iyor</b></p> <p><b>ROOM:</b>               <b>EXAMINATION ROOM 1</b></p>	
4:15pm - 4:30pm	<b>QUESTIONS/INTERACTION</b>	

## DAY THREE – 22<sup>ND</sup> JULY 2010

8:30-9:00 am	<b>ARRIVAL OF PARTICIPANTS AND REGISTRATION</b>	
9:00-10:30 am	<b>PLENARY SESSION IV</b>	
9:00-10:10am	<b>TOPIC: Exercise Prescription for the Aging Adult</b> <b>SPEAKER: Dr Marilyn Moffat</b> <b>CHAIRPERSON: Professor Aimee V. Stewart</b> <b>RAPPORTEUR: Miss. Umukulthoum Bakare</b> <b>ROOM: EXAMINATION ROOM 1</b>	
10:10 am-10:30am	<b>QUESTIONS/INTERACTION</b>	
10:30-11:00 am	<b>SNACK I/EXHIBITION AND POSTER PRESENTATION</b>	
11:00am-12:45 pm	<b>SCIENTIFIC SESSION III</b>	
CATEGORY	CLINICAL TRIALS	RHEUMATOLOGY
VENUE	EXAMINATION ROOM 1	EXAMINATION ROOM 2
	<b>Chairperson:</b> <b>Rapporteur:</b>	<b>Chairperson:</b> <b>Rapporteur:</b>
	<p>Effect of Ultrasound Therapy and Ascorbic Acid on the Healing of Acute Tendon Injury</p> <p>Comparative Effects Of Transcutaneous Electrical Nerve Stimulation, Cryotherapy and Placebo on Pain, Swelling and Trismus Following Third Molar Tooth Extraction.</p> <p>Comparative Efficacy of Low Metal Glucosamine Sulphate Iontophoresis in the Management Of Lumbar Spondylosis</p> <p>Effects of Aerobic Exercises on Some Selected Physiological Parameters and Quality Of Life in Type-2 Diabetic Patients</p> <p>Low Intensity Direct Current (LIDC) and the Healing Rate of Chronic Wounds: A Literature Review</p> <p>Effectiveness of Direct Versus Indirect Technique Myofascial Release in the Management of Tension-Type Headache</p> <p>Effects of Long-Term Exercises on Drug-Induced Obesity in Schizophrenic Patients</p>	<p>Self-Efficacy, Pain Intensity and Physical Function in Individuals with Knee Osteoarthritis</p> <p>Influence of Age, Sex and Body Mass Index on the Health-Related Quality of Life of Patients with Hip Replacement</p> <p>Acute Effect of a Single Dose Lidocaine Iontophoresis on Pain Experienced during Application of Mobilization Techniques in Osteoarthritic Subjects</p> <p>Pattern and Predictors of Back Pain Disability among Hospital</p> <p>Effect of Dance Therapy on Pain, Functional Disability and Quality of Life in Patients With Chronic Low Back Pain</p> <p>Self-Efficacy as a Mediator of Self-Reported Function in Patients with Chronic Low Back Pain</p> <p>Validity and Reliability of Simmonds Physical Performance Test Battery in Patients with Low Back Pain in Nigeria</p>
12:45am-1:45 pm	<b>LUNCH</b>	
1:45pm-3:15pm	<b>SCIENTIFIC SESSION IV</b>	
CATEGORY	STROKE/STROKE REHABILITATION	PUBLIC HEALTH/SPORTS/FITNESS
VENUE	EXAMINATION ROOM 1	EXAMINATION ROOM 2

	<b>Chairperson: Rapporteur:</b>	<b>Chairperson: Rapporteur:</b>
	<p>Development of a Low-Cost Wireless Instrumented Insole for the Assessment of Gait In Stroke</p> <p>Selected Clinical and Demographic Measures Influencing Post Stroke Depression among Stroke Survivors</p> <p>The Experience of Living with Stroke in Poor Urban and Rural Socioeconomic Areas of South Africa</p> <p>An Evaluation of the Level of Knowledge of Stroke and its Risk Factors amongst the Community of Banana City</p> <p>Sexual Dysfunction with Socio-Demographic and Selected Clinical Parameters among Nigerian Stroke Survivors</p> <p>The Profile of Patients who have had Stroke for Less than Six Weeks: A Pilot Study.</p>	<p>Benefits of Physiotherapists Functioning as Primary Health Care Providers: A Case Report</p> <p>The Burden of Knee Osteoarthritis in Nigeria</p> <p>Football Injuries During University Sport South Africa (USSA) Championships 2009</p> <p>Musculoskeletal Discomforts Associated with Regular Use of High Heeled Shoes in Corporate Women</p> <p>Back School: The Development of a Nigerian Urban Model</p> <p>Influence of Hand Dominance, Sex and Body Mass Index on Hand Grip Strength in Apparently Healthy Individuals</p>
3:15pm-3:45pm	<b>SNACK II/EXHIBITION AND POSTER PRESENTATION</b>	
3:45pm –4:30pm	<b>PLENARY SESSION V</b>	
3:45pm –4:20pm	<p><b>TOPIC:</b> Moving Physiotherapy Forward in Africa: International Long-Distance Education Collaborations Using Latest Information Technologies</p> <p><b>SPEAKERS:</b> Mr. Lukman Ganiyu, Dr. Emmanuel B. John</p> <p><b>CHAIRPERSON:</b> Dr. Ahmed Ramadan</p> <p><b>RAPPORTEUR:</b> Godlwana L. Lungile</p> <p><b>ROOM:</b> EXAMINATION ROOM 1</p>	
4:20pm – 4:30pm	<b>QUESTIONS/INTERACTION</b>	
<b>DAY FOUR – 23<sup>RD</sup> JULY 2010</b>		
8:30-9:00 am	<b>ARRIVAL OF PARTICIPANTS AND REGISTRATION</b>	
9:00-9:40 am	<b>PLENARY SESSION VI</b>	
9:00-9:30am	<p><b>TOPIC:</b> Formation of African Association of Academic Physiotherapists</p> <p><b>SPEAKER:</b> DR. Emmanuel B. John</p> <p><b>CHAIRPERSON:</b> Dr. Babatunde O.A. Adegoke</p> <p><b>RAPPORTEUR:</b> Mr. Ayodele A. Fabunmi</p> <p><b>ROOM:</b> EXAMINATION ROOM 1</p>	
9:30 am-9:40am	<b>QUESTIONS/INTERACTION</b>	
9:45am-10:30 am	<b>PLENARY SESSION VII</b>	
9:45am -10:15am	<b>TOPIC:</b> Moving Physiotherapy Forwards in Africa - A Ten Year Reflection	

10:15am-10:30am	<b>SPEAKER: Joyce Diphale Mothabeng</b> <b>CHAIRPERSON: Dr. Esther Nkandu</b> <b>RAPPORTEUR: Ms Bertha Owusu-Ansah</b> <b>ROOM: EXAMINATION ROOM 1</b>  <b>QUESTIONS/INTERACTION</b>	
10:30-11:00am	<b>SNACK I/EXHIBITION AND POSTER PRESENTATION</b>	
11:00am-12:30pm	<b>SCIENTIFIC SESSION V</b>	
Category	<b>STROKE/STROKE REHABILITATION</b>	<b>PAEDIATRICS/GERIATRICS</b>
	EXAMINATION ROOM 1	EXAMINATION ROOM 2
	<b>CHAIRPERSON: Rapporteur:</b>	<b>Chairperson: Rapporteur:</b>
	Community Reintegration among Stroke Survivors in Osun State, Nigeria  Stroke Patients' Functional Abilities 12 Months Post Discharge  Assessment of the Level of Functional Independence and the Influencing Factors in Post-Stroke Patients  Quality of Life among Caregivers of Stroke Survivors in Accra, Ghana  The Effect of Family and Health-Care Professional Support on the Management of Patients with Hypertension  Gaps in the Knowledge and Awareness of Hypertension Among Nonclinical Health Workers and Market Traders	A Clinical Differential Diagnosis Algorithm for Poliomyelitis and Injection Palsy  The Burden of Prematurity in Africa  Psychological Impact of Cerebral Palsy on Families – The African Perspective  Exploring and Curbing the Effects of HIV/AIDS on Elderly People in Uganda  Knowledge and Perception of Fall Related Risk Factors among Community Elderly Individuals in a Semi-Urban Community in Nigeria  Relationship between Physical Activity Levels, Nutritional Intake, Performance in Daily Living Skills and Quality of Life of Geriatric Individuals in Lagos
12:30pm-1:00pm	<b>GROUP INTERACTIONS</b>	
1:00pm-2:00pm	<b>LUNCH</b>	
2:00 pm-3:00pm	<b>PANEL DISCUSSION</b>	
	<b>TOPIC: PHYSIOTHERAPY IN AFRICA; THE WAY FORWARD</b> <b>MODERATOR: Professor Mattew O.B. Olaogun</b> <b>RAPPORTEUR: Annet Nankwanga</b> <b>ROOM: EXAMINATION ROOM 1</b>	
3:00pm-3:30pm	<b>CLOSING CEREMONY</b>	
3:30pm	<b>SNACK II/EXHIBITION</b>	